

SPA MENU

Dear Guests,

Welcome to our Spa, a place of relaxation and beauty. Our highly trained and experienced staff invites you to re-discover your five senses and experience a fusion of Thai and other international massages, face and body treatments that will take away the tension and stress from your body and soul.

Enjoy the journey to a unique Cavo Tagoo Spa experience

**Warm regards,
The Cavo Tagoo Spa Team**

Αγαπητοί επισκέπτες,

Καλώς ήρθατε στο Spa μας, ένα μέρος ξεκούρασης και ομορφιάς. Το άρτια εκπαιδευμένο και έμπειρο προσωπικό μας σας προσκαλεί να ανακαλύψετε ξανά τις πέντε αισθήσεις σας και να ζήσετε ένα συνονθύλευμα ταϊλανδέζικου και άλλων διεθνών massages, θεραπείες προσώπου και σώματος οι οποίες θα πάρουν την ένταση και το στρες από το σώμα και την ψυχή σας.

Απολαύστε το ταξίδι μιας μοναδικής εμπειρίας στο Spa του Cavo Tagoo

**Με θερμούς χαιρετισμούς,
Η ομάδα του Cavo Tagoo Spa**

SIGNATURE SPA RITUALS face and body

Cavo Tagoo Spa invites you to live an unforgettable experience. Try our unique Spa Rituals for face and body that awake your senses and expel your tension and stress.

Bouquet Holistic Beauty Care

A Holistic massage to body and face, inspired by India. The antioxidant power of apricot oil- rich in vitamin C, combined with the essences of lily, ylang-ylang, rosemary, rose, ginger, violet, coriander and camellia creates a unique ritual, full of energy leaves you with a characteristic sense of joy and passion for life. The final step of the ritual includes a mask of roses, rosewood oils and extracts of their petals, that gives a velvety sensation to your skin and heightens relaxation

Sultan's Veil / Oriental Body Wrap-Deep Cleansing-Firming-Radiance

Discover the magic of the Orient with a care that combines originality with authenticity. The treatment Voile de Sultane merges components of the traditional woman of the East, with particularly attractive cares and seductive scents. A natural mineral clay from Morocco, the Rhassoul, for millions of years offers its cleansing, soothing, firming and rejuvenating benefits to the body and the face. The subtle scent of essential oils of jasmine and rose travel you to the country of thousand and one nights...

Golden Veil face&body

A beauty veil from the luxury hodgepodge of pure 24 carat gold, pearl powder and delicate field's and desert's fragrances, covers your body and face enhancing your fairness. The unique extracts of this treatment retards the effects of aging and offers softness, brightness and serenity to your skin. Give yourself an affordable luxury for facial and body rejuvenation and the radiant glow of an expensive jewelry.

FACIAL TREATMENT

1. PIONNERE XMF YOUTH REVELATION VIP

Face, lips and décolleté. A very original facial massage in an exceptional treatment techniques, designed by osteopathologist for instant visible results. With its two new professional masks and its unique resurfacing lotion, this treatment reaches the height of biotechnological performance and restores the skin's youthfulness, softness and luminosity. The specific face massage completes the action of the products and heightens relaxation.

2. EXTENDED YOUTH

This unique anti-aging treatment firms the skin, reduces the depth of wrinkles, stimulates the production of collagen and promotes the reconstruction of the cells. By using natural extracts from the sea, it strengthens your skin and gives a younger healthier and glowing look. Recommended for mature skins.

3. HYDRA ORIGINAL TREATMENT

Plumping Thirst Relief facial with Organic Algae.

Treat your skin to a "soak" of moisture with a treatment that pairs detoxification and hydration with high performance organic marine active ingredients in synergy with a multi-sensory facial massage, for skin that is plumper, more revitalized and more luminous.

4. CITY LIFE "SORBET" TREATMENT

A specialized treatment that combats environmental pollution for restoration of freshness and brightness of the skin. The "Sorbet" delicate texture of the products works in synergy with the skin and eliminates impurities, detoxifies, oxygenates and revitalizes. The cocktail of healthy ingredients, becomes a natural shield against environmental pollution and instantly moisturizes, decongests and illuminates dull and tired skin.

5. HYDRA BLUE CARE

A detoxifying, refreshing and moisturizing treatment based on sea extracts. Recommended for all skin types.

6. EYE AND LIP CONTOUR TREATMENT

An anti-wrinkle eye and lip treatment using marine elements of collagen and elastin. It softens the lines around the eyes and lips and helps to alleviate puffiness and black circles. Strongly recommended as an add-on to a facial from the above.

BODY TREATMENTS

1. MOROCCAN PEELING ROSE – JASMIN

We proceed in a deep cleansing with salt, corals and hazelnut oils, soya, nut and Oligomer (solidified sea). Then we apply a cream with a cocktail of marine ingredients to the full body that restores the aquatic tone to your skin and it prepares it to be safely exposed to the sun.

2. SHIMMER SATIN TREATMENT

A blend of Lotus, Primavera, pearl natural apricot grains and gold powder that exfoliates your skin softly in order to remove dead cells and impurities. It will leave your skin moisturized, glowing and satin smooth.

3. DELIGHT SCRUB WITH FLOWERS AND FRUIT

A real pleasure, this exfoliation combines natural ingredients of fruits, flowers and exotic grains in a treatment of cleansing, radiance and velvet touch for your skin.

4. P5 SEA FORCE SLIMMING WITH ALGAE JAM

The innovative new slimming treatment powered by 5 different kinds of Algae activates the energy mechanism of fat cells, stimulates lipolysis and reduces the storage of fat. Specially designed massage and wrap with seaweed jam, offers unique toning and softness to your skin, smoother skin appearance and a pleasant sea scent to follow you.

5. SEA FOAM MASSAGE AND CALMING MASK

A unique relaxing experience. A smooth cleaning of the skin with a creamy-soapy product is followed by and a full body wrap with a detoxifying, firming and cooling mask. The experience is completed with a highly hydrating cream, leaving the body totally nourished and relaxed.

WATER TREATMENTS

1. OLIGOMER SHILOUETE BATH

Natural marine bath with Oligomer® which favors the lymphatic circulation, supports contouring, cellulite elimination and toning. Its action is reinforced with the use of the hydromassage towards the targeted areas. Results are immediately visible with this marvelous marine treatment.

2. OLIGOMER PUR DETOXING BATH

The art of modern thalassotherapy within a hydromassage of pur sea water, rich in trace elements and minerals recommended for a true fitness restoration of body and skin. At a friendly temperature it transmits all the necessary elements to the body, tones and calms the skin, creating a sensation of well being and complete relaxation.

3. MASTIC HYDROTHERAPY

Plunge and include yourself in an exquisite hydrotherapy with the unique extracts of the Greek Mastic. It's rare, named and therapeutic properties treat, nourish, moisturize, smooth and brighten your skin, while its seductive fragrance awakens and relaxes your senses.

MASSAGES

1. OLIGOMER SPA MASSAGE

The treatment starts with a creamy body scrub containing oligomer crystals to soften the skin. The active ingredient oligomer delivers remineralising benefits that strengthen the skin and recharge it with energy. This is folowed by a body massage using a biphase massage oil with oligomer. This massage, designed by osteopathologist, restores harmony and fluidity to the body's movements. Light pressures, plus deep and gentle massage releases tension, creating a feeling of complete relaxation.

2. EXOTIC MASSAGE

This ritual Massage with authentic Monoi de Tahiti the holy oil of Polynesia, is a time full of pleasure that balances the energy flow and promotes total relaxation and wellness. This precious nectar with its sophisticated fragrance flows from the head down to the feet, following the energy lines offering its soothing and purifying properties.

Special Massage, deep movements with the forearms, gentle pressures, relax tired areas, absorb tension and stress while they transfer you into an exotic paradise of fragrances and colors.

3. HEAVENLY MASSAGE

A relaxing massage done with a slow combination of movements in order to release and relax muscle tension. Enjoy an experience that will help relax, soothe your mind, nurture your spirit and let you glide into the best sense of well-being.

4. SPORTS MASSAGE

Either before sports for body preparation or after sports for recovering, this deep and strong massage reduces muscle tension. Also ideal for people with muscle pains or restricted range of a movement.

5. CANDLE MASSAGE

Through a lovely perfumed ambiance, the massage out of hot candles creates a unique experience.

6. TROPICAL LAVA SHELLS MASSAGE

Enjoy a tropical massage with real shells of the Pacific Ocean along with heated volcanic lava. Experience an immediate release of muscle tension and deep relaxation.

7. HOT STONES MASSAGE

Relaxing and releasing muscle tension massage with heated volcanic stones. The healing energy of the stones combined with a gentle, long flowing strokes' massage activates energy points and harmonizes your soul, spirit and body.

8. THAI MASSAGE

Thai massage or Thai bodywork originates from Thailand. Includes a variety of stretching techniques for the whole body. It increases your flexibility greatly, invigorates, loosens muscle spasms and at the end leaves you with a characteristic sense of happiness and relaxation.

9. HEAD & FOOT MASSAGE

A very relaxing head face and shoulders massage. Ideal for people with stress, insomnia and migraines.

10. TRADITIONAL MASTIC MASSAGE

A rejuvenating massage with the unique extracts of the Greek Mastic. It's rare, named and therapeutic properties treat, nourish, moisturize, smooth and brighten your skin, while its seductive fragrance awakens and relaxes your senses.

NAIL TREATMENTS

1. MANICURE
2. PEDICURE
3. SHELLAC MANICURE
4. SHELLAC PEDICURE
5. GEL ON NATURAL NAIL
6. GEL FILL
7. GEL FORMS
8. BROKEN NAIL
9. HANDMADE DESIGN
(per nail)

WAX TREATMENTS

1. FULL LEG
2. HALF LEG
3. BACK
4. UNDER ARMS
5. WHOLE ARS
6. HALF ARM
7. EYEBROWS
8. UPPER LIP

SPA WAXING

(includes peeling and light massage with tea tree calming and smoothing cream)

SPA PACKAGES

In the Cavo Tagoo Spa you have the chance to create a package that suits your needs for revitalizing and relaxing holidays. Please Ask our staff for more details.

SPA POLICIES

Spa opening hours: 10:00-21:00 • Contact number: (internal) 600

Arrival

So many things in life are rushed - we'd like to make sure your treatment isn't one of them! That's why we ask that you arrive about 15-20 minutes early for your appointment so we can make sure that you are comfortable, prepared and get your full treatment time. Time lost through late arrival will result in a shortened or cancelled treatment without refund.

Consultation- Medical History

Our spa staff is passionate about helping you look and feel your best. To make this even easier, we invite you to fill in the consultation form provided (don't worry - there are no wrong answers!).

Special Attention

Please inform us if you are pregnant, have any injuries, are suffering from high blood pressure, any allergies, or have had recent cosmetic surgery.

Valuables

The spa is a place to leave the world behind - and that includes your valuables! We recommend that you leave your jewelry, cash, watches, mobile phones or other valuables items in your room for safekeeping. We are not responsible for the loss or damage of your personal belongings.

Clothing

This is one place you won't have to worry about a dress code! However clothing is mandatory. So just arrive in your street clothes and we will provide you with a robe, slippers and disposable underwear in your treatment room. In case you have Thai massage please come in loose trousers and T-shirt.

Younger Guests

The age limit for use of the spa facility is over 16 years old

Ensuring Tranquility

You've probably come here to get away from it all, and so have your fellow guests. We kindly ask that if you've brought your mobile phones, PDAs or computers, they remain switched off, and that you refrain from smoking while you're here.

Cancellation Policy

We know that things pop up, so we offer you the freedom to cancel your reservation at no charge up to six hours before your appointment. After that, we will apply a cancellation fee of 50% of your treatment cost. However, for cancellations with less than one hour's notice, including missed appointments, the full price will be charged.

Charges

Guests can pay cash or by charging their treatment on the room account.

Gratuities

All Cavo Tagoo spa treatments do not include gratuities. In case you want to provide a tip, you can leave it at the spa reception or to your therapist.

Fitness Area

Fitness area is complimentary to all Cavo Tagoo guests. When using it please place the towel provided between you and the fitness equipment you use. Please use appropriate fitness clothing and shoes at all time.

Opening Hours: 08:30-21:00

Hammam and Sauna

In order to provide you the best possible pleasure, the hammam and sauna rooms can be experienced following an appointment. Every session can last up to 30 minutes.

Thank you
The Cavo Tagoo Spa Team