

SPA MEMU

Dear Guests,

Welcome to our Spa, a place of relaxation and beauty. Our highly trained and experienced staff invites you to re-discover your five senses and experience a fusion of Thai and other international massages, face and body treatments that will take away the tension and stress from your body and soul.

Enjoy the journey to a unique Cavo Tagoo Spa experience

**Warm regards,
The Cavo Tagoo Spa Team**

Αγαπητοί επισκέπτες,

Καλώς ήρθατε στο Spa μας, ένα μέρος ξεκούρασης και ομορφιάς. Το άρτια εκπαιδευμένο και έμπειρο προσωπικό μας σας προσκαλεί να ανακαλύψετε ξανά τις πέντε αισθήσεις σας και να ζήσετε ένα συνονθύλευμα ταϊλανδέζικου και άλλων διεθνών massages, θεραπείες προσώπου και σώματος οι οποίες θα πάρουν την ένταση και το στρες από το σώμα και την ψυχή σας.

Απολαύστε το ταξίδι μιας μοναδικής εμπειρίας στο Spa του Cavo Tagoo

**Με θερμούς χαιρετισμούς,
Η ομάδα του Cavo Tagoo Spa**

SIGNATURE SPA RITUALS face and body

Cavo Tagoo Spa invites you to live an unforgettable experience. Try our unique Spa Rituals for face and body that awake your senses and expel your tension and stress.

Bouquet Holistic Beauty Care

90mins_150.00€

A Holistic massage to body and face, inspired by India. The antioxidant power of apricot oil- rich in vitamin C, combined with the essences of lily, ylang-ylang, rosemary, rose, ginger, violet, coriander and camellia creates a unique ritual, full of energy leaves you with a characteristic sense of joy and passion for life. The final step of the ritual includes a mask of roses, rosewood oils and extracts of their petals, that gives a velvety sensation to your skin and heightens relaxation

Detox- Relax- Rejuvenation Treatment

90mins_150.00€

The treatment combines the most active components of the marine wealth in a total care of deep detoxification, rebalancing, strengthening and revitalizing your skin. Exfoliation and specialized formulas gives you the opportunity to enjoy all the benefits of sea treasures, restoring your skin's shape and health. After your "walk on the seaside" your face and body will reflect beauty, freshness and serenity.

Golden Veil face&body

90mins_150.00€

A beauty veil from the luxury hodgepodge of pure 24 carat gold, pearl powder and delicate field's and desert's fragrances, covers your body and face enhancing your fairness. The unique extracts of this treatment retards the effects of aging and offers softness, brightness and serenity to your skin. Give yourself an affordable luxury for facial and body rejuvenation and the radiant glow of an expensive jewelry.

FACIAL TREATMENT

1. PIONNERE XMF YOUTH REVELATION VIP

75mins_130.00€

Face, lips and décolleté. A very original facial massage in an exceptional treatment techniques, designed by osteopathologist for instant visible results. With its two new professional masks and its unique resurfacing lotion, this treatment reaches the height of biotechnological performance and restores the skin's youthfulness, softness and luminosity. The specific face massage completes the action of the products and heightens relaxation.

2. EXTENDED YOUTH

75mins_110.00€

This unique anti-aging treatment firms the skin, reduces the depth of wrinkles, stimulates the production of collagen and promotes the reconstruction of the cells. By using natural extracts from the sea, it strengthens your skin and gives a younger healthier and glowing look. Recommended for mature skins.

3. SEA WATER PEARLS

60mins_105.00€

An extra hydrating and reconstructing facial, combining pearls, sea calcium and red seaweeds. Rich in minerals and vitamins, it will rebalance your skin leaving it fresh and ultra moisturized. Ideal also for sunburned skin.

4. CITY LIFE "SORBET" TREATMENT

60mins_90.00€

A specialized treatment that combats environmental pollution for restoration of freshness and brightness of the skin. The "Sorbet" delicate texture of the products works in synergy with the skin and eliminates impurities, detoxifies, oxygenates and revitalizes. The cocktail of healthy ingredients, becomes a natural shield against environmental pollution and instantly moisturizes, decongests and illuminates dull and tired skin.

5. HYDRA BLUE CARE

30mins_65.00€/60mins_85.00€

A detoxifying, refreshing and moisturizing treatment based on sea extracts. Recommended for all skin types.

6. EYE AND LIP CONTOUR TREATMENT

30mins_60.00€

An anti-wrinkle eye and lip treatment using marine elements of collagen and elastin. It softens the lines around the eyes and lips and helps to alleviate puffiness and black circles. Strongly recommended as an add-on to a facial from the above.

BODY TREATMENTS

1. SHIMMER SATIN TREATMENT

45mins_65.00€

A blend of Lotus, Primavera, pearl natural apricot grains and gold powder that exfoliates your skin softly in order to remove dead cells and impurities. It will leave your skin moisturized, glowing and satin smooth.

2. MOROCCAN PEELING ROSE – JASMIN

45mins_65.00€

We proceed in a deep cleansing with salt, corals and hazelnut oils, soya, nut and Oligomer (solidified sea). Then we apply a cream with a cocktail of marine ingredients to the full body that restores the aquatic tone to your skin and it prepares it to be safely exposed to the sun.

3. MEDITERRANEAN SILKY TOUCH

75mins_120.00€

A very pleasant treatment using self-heated and bubbling sea mud that detoxes and revitalizes your body while soothing musculoskeletal pains.

4. SPA THALASSO FULL BODY 60mins

60mins_90.00€

A very effective slimming, firming and detoxing treatment using special varieties of seaweed (Spirulina, Fucus, Palmaria, Chondrus Crispus) applied to congested areas.

5. SEA FOAM MASSAGE AND CALMING MASK

75mins_95.00€

A unique relaxing experience. A smooth cleaning of the skin with a creamy-soapy product is followed by and a full body wrap with a detoxifying, firming and cooling mask. The experience is completed with a highly hydrating cream, leaving the body totally nourished and relaxed.

WATER TREATMENTS

1. OLIGOMER SHILOUETE BATH

25mins_45.00€

Natural marine bath with Oligomer® which favors the lymphatic circulation, supports contouring, cellulite elimination and toning. Its action is reinforced with the use of the hydromassage towards the targeted areas. Results are immediately visible with this marvelous marine treatment.

2. OLIGOMER PUR DETOXING BATH

25mins_45.00€

The art of modern thalassotherapy within a hydromassage of pur sea water, rich in trace elements and minerals recommended for a true fitness restoration of body and skin. At a friendly temperature it transmits all the necessary elements to the body, tones and calms the skin, creating a sensation of well being and complete relaxation.

3. MASTIC HYDROTHERAPY

25mins_45.00€

Plunge and include yourself in an exquisite hydrotherapy with the unique extracts of the Greek Mastic. It's rare, named and therapeutic properties treat, nourish, moisturize, smooth and brighten your skin, while its seductive fragrance awakens and relaxes your senses.

MASSAGES

1. OLIGOMER SPA MASSAGE

90mins_145.00€

The treatment starts with a creamy body scrub containing oligomer crystals to soften the skin. The active ingredient oligomer delivers remineralising benefits that strengthen the skin and recharge it with energy. This is folowed by a body massage using a biphasse massage oil with oligomer. This massage, designed by osteopathologist, restores harmony and fluidity to the body's movements. Light pressures, plus deep and gentle massage releases tension, creating a feeling of complete relaxation.

2. HEAVENLY MASSAGE

30mins_65.00€/60mins_100.00€

A relaxing massage done with a slow combination of movements in order to release and relax muscle tension. Enjoy an experience that will help relax, soothe your mind, nurture your spirit and let you glide into the best sense of well-being.

3. SPORTS MASSAGE

50mins_105.00€/90mins_170.00€

Either before sports for body preparation or after sports for recovering, this deep and strong massage reduces muscle tension. Also ideal for people with muscle pains or restricted range of a movement.

4. CANDLE MASSAGE

60mins_120.00€

Through a lovely perfumed ambiance, the massage out of hot candles creates a unique experience.

5. TROPICAL LAVA SHELLS MASSAGE

60mins_120.00€

Enjoy a tropical massage with real shells of the Pacific Ocean along with heated volcanic lava. Experience an immediate release of muscle tension and deep relaxation.

6. HOT STONES MASSAGE

60mins_130.00€

Relaxing and releasing muscle tension massage with heated volcanic stones. The healing energy of the stones combined with a gentle, long flowing strokes' massage activates energy points and harmonizes your soul, spirit and body.

7. THAI MASSAGE

60mins_120.00€/90mins_180.00€

Thai massage or Thai bodywork originates from Thailand. Includes a variety of stretching techniques for the whole body. It increases your flexibility greatly, invigorates, loosens muscle spasms and at the end leaves you with a characteristic sense of happiness and relaxation.

8. HEAD & FOOT MASSAGE

40mins_75.00€

A very relaxing head face and shoulders massage. Ideal for people with stress, insomnia and migraines.

9. TRADITIONAL MASTIC MASSAGE

60mins_100.00€

A rejuvenating massage with the unique extracts of the Greek Mastic. It's rare, named and therapeutic properties treat, nourish, moisturize, smooth and brighten your skin, while its seductive fragrance awakens and relaxes your senses.

NAIL TREATMENTS

1. MANICURE	30.00€
2. PEDICURE	40.00€
3. SPA MANICURE (includes exfoliation and mask)	45.00€
4. SPA PEDICURE (includes exfoliation and mask)	50.00€
5. SHELLAC MANICURE	50.00€
6. SHELLAC PEDICURE	60.00€
7. REMOVAL SHELLAC	15.00€

WAXING

1. FULL LEG	45.00 €
2. HALF LEG	35.00€
3. BACK	40.00€
4. BIKINI (only for women)	30.00€
5. BRAZILIAN (only for women)	40.00€
6. UNDER ARMS	20.00€
7. WHOLE ARS	40.00€
8. HALF ARM	30.00€
9. EYEBROWS	20.00€
10. UPPER LIP	20.00€

SPA WAXING

(includes peeling and light massage with tea tree calming and smoothing cream)

SPA PACKAGES

In the Cavo Tagoo Spa you have the chance to create a package that suits your needs for revitalizing and relaxing holidays. Please Ask our staff for more details.

SPA POLICIES

Spa opening hours: 10:00-21:00 ● Contact number: (internal) 600

Arrival

So many things in life are rushed - we'd like to make sure your treatment isn't one of them! That's why we ask that you arrive about 15-20 minutes early for your appointment so we can make sure that you are comfortable, prepared and get your full treatment time. Time lost through late arrival will result in a shortened or cancelled treatment without refund.

Consultation- Medical History

Our spa staff is passionate about helping you look and feel your best. To make this even easier, we invite you to fill in the consultation form provided (don't worry - there are no wrong answers!).

Special Attention

Please inform us if you are pregnant, have any injuries, are suffering from high blood pressure, any allergies, or have had recent cosmetic surgery.

Valuaes

The spa is a place to leave the world behind - and that includes your valuables! We recommend that you leave your jewelry, cash, watches, mobile phones or other valuables items in your room for safekeeping. We are not responsible for the loss or damage of your personal belongings.

Clothing

This is one place you won't have to worry about a dress code! However clothing is **mandatory**. So just arrive in your street clothes and we will provide you with a robe, slippers and disposable underwear in your treatment room. In case you have Thai massage please come in loose trousers and T-shirt.

Younger Guests

The age limit for use of the spa facility is over 16 years old

Ensuring Tranquility

You've probably come here to get away from it all, and so have your fellow guests. We kindly ask that if you've brought your mobile phones, PDAs or computers, they remain switched off, and that you refrain from smoking while you're here.

Cancellation Policy

We know that things pop up, so we offer you the freedom to cancel your reservation at no charge up to six hours before your appointment. After that, we will apply a cancellation fee of 50% of your treatment cost. However, for cancellations with less than one hour's notice, including missed appointments, the full price will be charged.

Charges

Guests can pay cash or by charging their treatment on the room account.

Gratuities

All Cavo Tagoo spa treatments do not include gratuities. In case you want to provide a tip, you can leave it at the spa reception or to your therapist.

Fitness Area

Fitness area is complimentary to all Cavo Tagoo guests. When using it please place the towel provided between you and the fitness equipment you use. Please use appropriate fitness clothing and shoes at all time.

Opening Hours: 08:30-21:00

Hamam and Sauna

In order to provide you the best possible pleasure, the hammam and sauna rooms can be experienced following an appointment. Every session can last up to 30 minutes.

Thank you
The Cavo Tagoo Spa Team